

Helen's House Features

Dinners include your choice of any two of the following:

French fries, homemade potato salad, hash browns, mashed potatoes, baked potato, mini potato pancakes, coleslaw, lettuce salad, vegetable of the day, applesauce, cottage cheese or cup of soup. Add a third item - 1.29 extra.

POT ROAST

Tender chunks of roast beef topped with rich brown gravy 9.59

GRILLED HAM STEAK 9.39

PORK TENDERLOIN

Two breaded tenderloins topped with gravy 9.59

GRILLED LIVER & ONIONS 8.49

COUNTRY FRIED STEAK

Beef steak fried golden brown and topped with our own country style gravy 9.19

Seafood Selections

FISH FILLETS

Three fillets with tartar sauce 9.29

BAKED FISH

8 oz. baked cod loins 9.29

CLAM STRIPS

Breaded & deep-fried 8.69

TILAPIA FILLET

Garlic & herb crusted 8.59

APPLEWOOD SMOKED SALMON

One fillet with dill sauce 9.39

BREADED COCONUT SHRIMP 9.39

Chicken Selections

BROASTED CHICKEN (Please allow extra time)

Not available Friday after 4:30pm

1/4 Chicken 7.19 ... 1/2 Chicken 9.09

GRILLED CHICKEN BREAST

One Fillet 7.59



CHICKEN TENDERS

Four strips of tender chicken breast; served with choice of dipping sauce 7.79

SMOTHERED CHICKEN FILLET

Grilled chicken fillet smothered with grilled onions, green peppers, mushrooms, provolone & cheddar cheese 8.99



For The Smaller Appetite

For the lighter appetite. **Dinners include your choice of any two of the following:** French fries, homemade potato salad, hash browns, mashed potatoes, mini potato pancakes, coleslaw, lettuce salad, vegetable of the day, applesauce, cottage cheese or cup of soup. Baked potato - 40¢ extra. Add a third item - 1.29 extra.

GRILLED LIVER & ONIONS 6.09

BAKED FISH

4 oz. baked cod loin 7.29

FISH FILLETS

Two deep-fried fish fillets with tartar sauce 7.29

POT ROAST

Tender chunks of roast beef topped with rich brown gravy 7.39

PORK TENDERLOIN

One breaded tenderloin topped with gravy 6.59

BROASTED CHICKEN BREAST

Not available Friday after 4:30pm 6.19

CHICKEN TENDERS

Two strips of tender chicken breast; served with your choice of dipping sauce 6.09



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